



Center of Breast Treatments – Asklepios Paulinen Clinic

Dear Patient,



with this brochure we would like to familiarize you with the specialized program offered by our Center for Breast Treatment. It is important to us that our patients receive individualized breast treatment of the highest of quality.

We follow the guidelines and goals established by the European Association for Breast Research (EUSOMA), the German Association for Breast Diseases (DGS), and the German Cancer Association (DKG).

Since 2002 we have participated in the Wiesbaden project for early detection of breast cancer (screening). The work of the project strictly follows the standards set forth by the "European Standard (EUREF-Criteria)". These standards have been applied throughout Germany since 2006. These include regular medical check-ups as part of the total Patient-Care-Program.

In 2005 EUSOMA certified our Center for Breast-Treatment as one of the few qualified Breast-Clinics in Germany, emphasizing that we

are working in accordance with the guidelines established by the German Cancer Association. These standards assure that our Clinic is operating with the highest level of quality assurance for our patients. Therefore we can react quickly to situations where specific treatment and diagnosis are required, that may deviate from standard procedures.

Our modern Breast-Treatment-Center guarantees that you will be treated by Specialists in the disciplines of Breast-Medicine. Our team consists of highly experienced and knowledgeable members from all areas of breast medicine, who are working with the latest advancements in breast-medicine.

It is our common goal to offer you a transparent treatment plan in accordance with the latest medical advancements.

Dr. Volker Heyl



Our Performance Catalogue



- We are specialized in early breast cancer detection. For women between the ages of 50 and 69 years the screening process takes place in co-operation with established screening programs For women outside of this age group the diagnosis and treatment will take place in co-operation with their gynecologist.
- We offer you quality-assured diagnostics to detect a suspected cancer. In most cases we can perform a minimal invasive treatment.
- We collaborate closely with you to set up a therapy plan. Treatment procedures which have high scientific evidence form the basis of any treatment. This includes the scientific knowledge and experiences of various specialists in the field of breast treatment, which meet once a week for a multi-disciplinary breast and tumor conference to discuss presented cases.
- If required-, we we can offer aou (adjuvante) chemo-therapy at our inter-disciplinary Oncology Day-Clinic, as well as a pre-operative chemo-therapy (neoadjuvant). Our surgeons are specialized in breast operations, and our Day-Clinic Staff will take excellent care of you.
- Advanced breast cancer conditions are being treated professionally and competently.
- We are collaborating with Gynecologists and Medical Insurance Companies, to assure continuing good post-tumor care. (Participation in the DMP Mamma-Program)
- We will organize continued post-operative and supportive medical care, such as: Prostheses, hair replacement, rehabilitation, dietary instructions, physical therapy and lymph-drainage-treatments. We are also happy to inform you about alternative therapeutic methods.
- We support and cooperate with regional and State wide Self-Help-Groups and Patient-Initiatives.
- We conduct seminars and talks for our patients along with quality-assurance programs.





Team work is our motto

Therefore, we have a network of Doctors, specialized in the fields of radiology, nuclear medicine, gynecology, breast operations, cancer treatments. In addition radiological therapists, pathologists, psycho-oncologists, pharmacists, physical therapists, social workers and nurses specialized in breast cancer, are supporting the therapies.

The first contact is with our Ladies in the Office of the APK Breast Center, Telephone 0611-847-2391. Here an appointment will be scheduled for you. One of our specialists for breast treatments will review the medical information, that is already available, and discuss your personal situation with you. Following this possible treatment options will be discussed.



In case of unclear medical findings and a preliminary diagnosis of breast cancer

In this case our experienced team at the APK Breast Center will work with you very closely. They will make appointments with specialists in our treatment-network. Everything will be done to assist you, advise and help you, and answer any questions you may have. Examinations necessary to confirm the diagnosis and setting up appropriate therapy plans can usually be done on an out-patient basis.

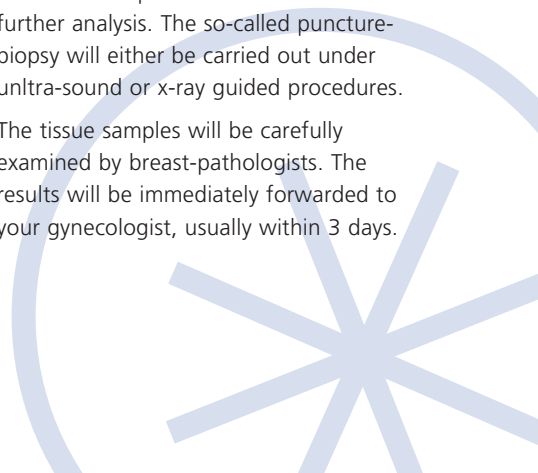
In the case of a benign diagnosis

In cases diagnosing of deformities of the breast, intended breast enlargement or breast reduction, a surgeon will speak with you directly about important details and answer any questions you may have to help you make the right decision for yourself.

Consultative Examinations

In most cases a final diagnosis can be achieved in a relatively short period of time:

- Mammography – if not already done – will be carried out by our radiologists and cooperating partner to assure independent diagnosis. Therefore at least 2 doctors analyze the images.
- Ultra-sound examinations of the breast, or in some cases, MRI scans may help to decide,
- If a tissue sample needs to be taken for further analysis. The so-called puncture-biopsy will either be carried out under ultra-sound or x-ray guided procedures.
- The tissue samples will be carefully examined by breast-pathologists. The results will be immediately forwarded to your gynecologist, usually within 3 days.





Cooperative Therapy Plan

Various diagnoses are extensively evaluated by our staff at the Breast-Center of the Asklepios Paulinen Clinic.

Should a diagnosis of breast cancer be confirmed, our team of experts will discuss this in the so-called multidisciplinary Tumor-Conference and will set-up a detailed therapy-plan for you. In most cases an operation will be the first type of treatment.

Please consider the following

A diagnosis of breast cancer is not an emergency, even though you may feel that way. Careful planning and coordination of the treatment plan takes a little time. This is in your best interest. Therefore, an immediate appointment for an operation is not required.





Therapy planning at the “Tumor Conference”

As mentioned, more than one doctor makes the decision about your therapy plan, but a team of experts at the “Tumor Conference”. This means that you will benefit directly from the collective knowledge and expertise of a multidisciplinary team.

Radiologists, breast surgeons, breast oncologists, radiation therapists, pathologists, pharmacists and psychologists are working together to come up with an individualized therapy plan. The entire team will decide, or you have the possibility of participating in a clinical treatment study.

The contents of the decision will be thoroughly discussed with you, and your doctor will be informed about the therapy plan.






Therapy through modern surgery

Dr. Volker Heyl has over 30 years experience in the medical field of breast correction and tumor removal. As Director of der APK Breast-Center he can offer you the most advanced surgical methods.

Highly specialized and experienced Breast Surgeons

Our Breast-Center-Team includes 3 surgeons, who are certified and recognized according to the quality criterion set forth by the DGGG, the DGS and the DKG. In order to keep these certifications they must document continuous education and research, as well as perform a certain number of surgeries per year. Our Clinic takes responsibility to assure continuous advancement in the education of our colleagues and aspiring doctors.





Operation and post-surgery therapy

When a tumor needs to be removed, surgery is considered from a plastic-esthetical point of view. However, your health and safety is our main consideration and priority.

We will not pursue surgery that may compromise your health. To reach the best result, we often use the “onco-plastic” reconstructive breast surgery, which is often more complicated, but less stressful for the patient.

It is usually recommended that a breast-cancer minimal invasive surgery is followed by radiation therapy. The chances for complete recovery can be improved in many cases with additional chemo-therapy and/or an anti hormone-therapy.

Research data collected over the past 10 years shows that risk of a relapse has greatly been reduced. Advanced treatment methods have led to substantial improvements of total recovery. Additionally, the advancements made medications have contributed to improved results.





Patient care during your hospital stay

With breast cancer a hospitalization of 5 to 7 days is usually necessary. During this time tests and diagnoses are being made to establish a therapy plan for you; and we will answer any questions that may come up regarding treatment of the breast.

Therapists will familiarize you with a lymph-drainage therapy.

Our Psycho-Oncologist will discuss personal crises management and planning your life moving forward.

Our specially trained employees in the Social-Services Department will advise you about rehabilitation programs, as well as answer questions regarding occupation and social issues.

Our members of the medical supply team will help you with special products you may need after surgery.

The Director of our Oncology Post-Surgery Center (ONZ) will visit you and assist you after release from Hospital with your special needs.

Our team of doctors will always be available to you to answer special questions you may have.

During the entire stay in our clinic, and also afterward, our members of the organizational-office (Telephone: 0611-847-2391) will assist you to answer any other questions you may have.

Following the wishes of many of our patients we are taking on the responsibility to be your "Guide", assisting you in finding your way through the numerous – often complicated offers.

Our network continuously stays abreast of the latest medical developments and is being trained appropriately.

It is our goal to satisfy your needs with an optimal diagnostic and therapy program.

Usual contacts for you:

Our main co-operative partners:

1. **Mammography-Screening-Unit**
Wiesbaden
2. **Mammography-Screening-Unit**
Darmstadt
3. **Institute for Radiation-Therapy (RNS)**
Medical Center Prott & Partner
4. **Pathological Institute**
Prof. Fisseler-Eckhoff & Partner
5. **Medical Oncology**
Dr. Josten / Dr. Klein
6. **Radiological Diagnostic – Radiomed**
7. **Nuclear Medicine**
Medical Center Troglauer and Partner
8. **Special MRI-Diagnostic Center,**
Radiomed, Brunier / Dick / Leisten – Darmstadt
9. **Genetic Therapy for Breast Cancer**
Medical Center Dr. Schwaab

General Contacts:

1. German Assoc. Of Gynecology and Birth
www.dggg.de
2. Association of Gynecologists Wiesbaden
www.bvfhessen.de
3. Working Group for Reconstructive Surgery
in Gynecology
www.awogyn.de
4. Working Group for Gynecological Oncology
www.ago-online.com
5. Asklepios Tumor Center (ATC)
6. Association Initiative for Life



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Frauenklinik / Brustzentrum**



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