

Registration and appointment

An appointment at spinal outpatients will usually be the first step towards treatment for the majority of our patients. Dates for outpatients clinics or MVZ can be made via email request or via telephone. A valid health insurance card and referral (statutory health insurance), a confirmation of treatment by your private consulting doctor (private health insurance) is required. Please bring medical reports (previous Surgery), x-rays and 3D scan images (CT, MRI), if available. Our clinics are located on 2nd Floor Block A, Rooms: A248-A251, A257, A265.

Outpatients clinics:

Prof. Dr. T. Niemeyer / Dr. P. Joechel / Dr. P. Obid

Tel.: 0611 847 20 82

or online

www.asklepios.com/wiesbaden/experten/wirbelsaeulenchirurgie

Deformity clinics (scoliosis/kyphosis)

for children/adolescents/adults:.

Prof. Dr. T. Niemeyer

Tel.: 0611 847 20 82

or online

www.asklepios.com/wiesbaden/experten/wirbelsaeulenchirurgie

Medical Care Centre (MVZ) at the Asklepios Paulinen Clinic:

Dr. P. Joechel

Tel.: 0611 847 23 27

or online

www.jameda.de

In Clinic

Your outpatient consultation will either be with the one of our experts or Consultant you have been assigned to directly, or with a physician of our team, who will discuss the relevant findings with the consultant later. During your visit to clinic, your Consultant will decide on a plan of care. This may consist of spinal imaging or other investigations, referrals such as physiotherapy, you being listed for surgery or advising on the best course of action and referrals for you.

It is our policy to provide a nurse chaperon for all physical examinations so please feel free to ask for one if a nurse is not immediately present.

As we are a teaching hospital, there are sometimes medical students or surgeons visiting from other units who may accompany the Consultant conducting the clinic. Should you

be uncomfortable with the presence of students or visiting surgeons please do not hesitate to mention this to staff. This is in no way mandatory and will not have any effect on your consultation.

Patients who have had simple or standard procedures performed and are progressing well, usually require one or two follow-up appointments. The first is approximately 6-8 weeks after surgery and the other after a year, if implants have been inserted.

Contact

Asklepios Paulinen Clinic

Spinal Surgery and Scoliosis Centre

Secretary Anja Cords

Geisenheimer Straße 10

Block A, 2nd Floor

65197 Wiesbaden

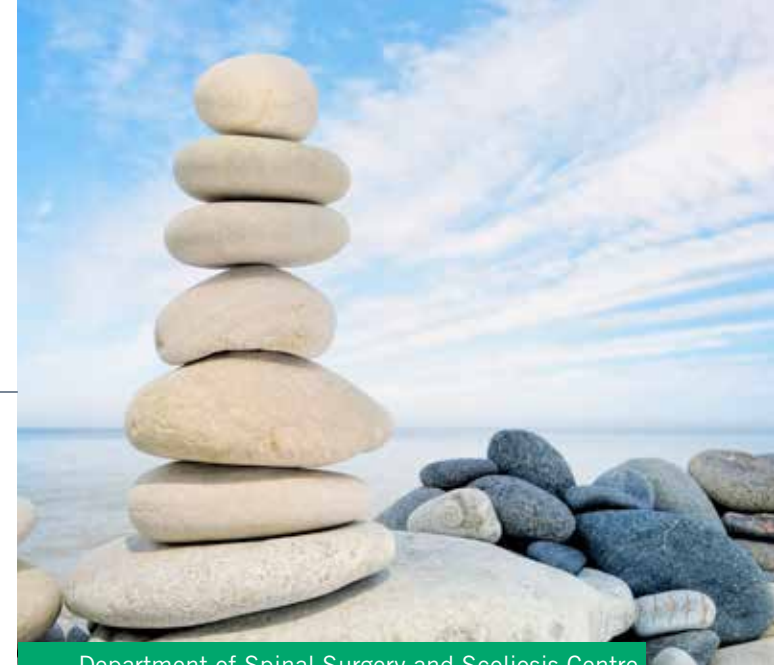
Germany

Fax: 049 (0611) 847 2096

Tel.: +49 (06 11) 847 20 82

www.asklepios.com/wiesbaden

There is ample parking space available in the multi-storey car park of the clinic, the entrance is directly from the Konrad-Adenauer-Ring.



Department of Spinal Surgery and Scoliosis Centre



Dear Patients, Dear Colleagues,

on behalf of all our staff, I would like to welcome you to the new Department of Spinal Surgery and the Scoliosis Centre.

We aim to improve the quality of life irrespective of your spinal condition and age in order to enjoy a stable and mobile spine. The emphasis of clinical work lies on treating patients suffering from degenerative changes and deformities of the spine like: scoliosis/kyphosis or spondylolisthesis.

In case of surgical treatment, all procedures are available, from minimally invasive to the reconstruction of entire sections of the spine. We use the latest technology (3D navigation, microscopes, neuro-monitoring). You can rest assured that your operation can be performed quickly and safely as you are in the hands of experienced surgeons.

The anaesthesia and intensive care unit are well-prepared for the treatment of patients with severe concomitant diseases. Less invasive operations can also be performed on an out-patient basis.

Post-operative treatment comprises continuous monitoring, pain management and physiotherapy. We can thus guarantee a quick recovery and an early discharge home or to one of our partner clinics for rehabilitation.

We will be happy to offer consultation on an out-patient basis

Your Professor, Dr. Thomas Niemeyer

Operative range of services

- Endoscopic spinal disc surgery: In certain cases the slipped discs can be removed endoscopically with keyhole procedure.
- Microsurgical procedures for slipped disc and spinal canal stenosis: Microsurgical operation techniques can be used to treat spinal discs and narrow spinal canals causing minimal tissue damage.
- Minimally invasive stabilisation operations: Initial instabilities can be treated with minimally invasive methods, thanks to the latest development of implants.
- Cervical spine: Spinal disc prosthesis, decompression/ stabilisation in case of: Deformities, rheumatoid arthritis, myelopathy
- Minimally invasive stabilisation techniques for vertebral fractures (fatigue fractures in osteoporosis): Osteoporotic vertebral fractures, which do not respond to conservative therapeutic measures can be treated with minimally invasive approach and stabilised with cement injection.
- Fusion operations: In case of heavy wear or more severe instabilities or distortions, the fusion operation (spondylodesis) helps gain stabilisation and corrects the spinal column:

- Scoliosis/kyphosis in children/adolescents/adults
- Spondylolisthesis
- Osteotomies in case of severe kyphotic deformities
- Re-doing surgery after previous operations, for instance (Rib hump-removal)
- Advanced systems as an alternative method to fusion operation in children/adolescents (early onset scoliosis)
- In case of injuries and tumour- or inflammation-related destructions in the spinal area, procedures for correction, stabilisation and reconstruction are carried out with vertebral body replacement implants if and as necessary.

Scoliosis centre

We answer your needs for an expert opinion regarding preventive methods, non-surgical treatment and also surgical options.

During the consultation, we develop a customised treatment for you or your children with the help of precise physical and radiological examination. We have MRI and X-ray with reduced radiation at our disposal (EOS).

If necessary, we can also work with the orthopedist and the attending physiotherapist to cater to your needs and adapt the treatment accordingly, which may involve making changes to the brace or advising you on initiating rehabilitation, for instance.

In the event that your deformity (scoliosis, kyphosis, spondylolisthesis, rib hump) requires to be treated with surgical treatment, we will advise you on the possibilities of surgical straightening by implants that grow with you for instance or by corrective surgery, and will inform you about the various procedures, risks and follow-up treatment (rehabilitation).